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JUICY J'S HUSTLE UP THE CHARTS

RAPPER CALLS COLLABORATORS KATY PERRY AND MILEY CYRUS GENIUSES. IN OTHER NEWS, HIS TOUR'S CALLED 'NEVER SOBER' PAGE 11

You ever seen $6.5M ... in weed?

Pair suing feds for 40 years worth of medical marijuana as prices expected to blow up after rule change PAGE 8

Interpol knew of stolen passports

No country checked the agency's database on lost documents before Malaysia Airlines flight PAGE 6

Container truckers set to strike

Labour. Union rejects agreement with Port Metro Vancouver

EMILY JACKSON
emily.jackson@metronews.ca

Transport trucks wait to deliver cargo containers at Port Metro Vancouver's Centerm container facility. Unionized truckers are set to strike Monday over working conditions at the port. DARRYL DYCK/THE CANADIAN PRESS

Unionized container truckers are preparing to park their vehicles Monday in a strike against working conditions at Port Metro Vancouver.

The Unifor-Vancouver Container Truckers' Association voted Saturday to strike after a last-minute deal brokered by federally appointed mediator Vince Ready was described as "too little, too late" by union president Paul Johal.

It appeared the strike would be averted after Ready negotiated the deal on Thursday, but his mandate to provide recommendations by May 30 wasn't quick enough for the truckers.

"We've warned the government for years how bad the conditions are," Unifor B.C. director Gavin McGarrigle said in a statement.

"We welcome the involvement of Vince Ready, but the feedback I've gotten is that our members need to see something far more immediate to improve their economic position."

The truckers are fed up with wait times and the under-cutting of rates. This particular union, which represents about 300 members, has been in negotiations with the port for 18 months.

A group of non-unionized truckers stopped work on Feb. 26. The port has accused some of the striking truckers of violence, intimidation and sabotaging other trucks.

The port will not comment on the situation until Monday at the earliest, spokesman John Parker-Jervis said in an email Sunday.

But considering trucks carry half of the containers that move through the port, the economic impact of the job action could be huge.

Trucks carry about $885 million worth of cargo per week, according to the port, including electronics, clothing, food, construction materials, lumber and grain. About 15 per cent of the goods imported stay in the Lower Mainland, with the rest shipped by rail or trucked out east.

The local container-truck industry has about 2,000 trucks and is made up of about 150 private companies and 800 owner-operators. About 80 per cent of truckers are unionized, but they belong to different unions.

The port has been trying to improve efficiency for truckers with a number of government-funded infrastructure projects, including the Stewart Street elevated structure and an overpass on the Roberts Bank causeway, and GPS monitoring.

Yet the port is busier than ever. It handled a record volume of containers in 2013.

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Two cases confirmed

Fraser Health warns of measles outbreak

Regions of the Fraser Valley are being warned about a new measles outbreak just before spring break.

Fraser Health issued a warning on Saturday, saying that two cases of the highly contagious virus have been confirmed, and that it is following up on dozens of linked suspected cases.

The authority says the most recent exposure occurred in a Chilliwack school.

There is common thread between this outbreak and several other clusters of measles within the last few years. Fraser Health says the exposures have occurred in Fraser East communities (Abbotsford, Mission, Chilliwack, Agassiz, Harrison Hot Springs and Hope) with traditionally low immunization rates.

With spring break just around the corner, Fraser Health is especially concerned about the timing of the latest outbreak.

"We are urging individuals who may have been exposed to the virus to contact their local public health unit to be cleared before travelling during spring break," said Fraser Health chief medical health officer Dr. Paul Van Buynder. "The potential for this virus to spread as a result is very concerning."

Measles vaccines are free to anyone born in or after 1957.

"We are encouraging everyone who has not yet been vaccinated against measles to contact their doctor or health provider to receive the free MMR vaccine," Van Buynder said.

MATT KIELTYKA/METRO

A rendering of the proposed Oakridge Centre at 41st and Cambie. CONTRIBUTED

Oakridge Centre debate hits council

Monday hearing. If passed, new centre will be tallest building in city limits outside of downtown core

EMILY JACKSON
emily.jackson@metronews.ca

Naysayers and proponents will get the chance to weigh in on a proposed mini city centre at the Oakridge Centre at a public hearing Monday.

If it passes, the new Oakridge Centre at 41st and Cambie will boast the tallest buildings in Vancouver city limits, outside the downtown core, with 44-storey towers, 2,914 housing units, a seniors centre, a daycare and nine-acre rooftop park.

Based on correspondence received by the city, the majority approves of the project.

But you can bet it's not going to slip through easily.

Residents opposed to the redevelopment have a laundry list of complaints, and they plan to let city council know.

They're baffled by the tower sizes — the 2007 community plan capped height at 24 storeys, prompting some to question whether the proposed buildings took a hit of Viagra — and question if the already crowded Canada Line can handle the extra volume.

TransLink says the station would need $7.7 million in upgrades should the plan go ahead, but there are no funding sources, according to a memo from city planner Matt Shillito.

Others accuse the city of ignoring negative feedback and building an outsized project in the community.

They also argue that a rooftop park is not adequate green space as it may be harder to access. (The developer has until 2024 to deliver the park, which will be run by the city, according to Shillito's memo.)

Meantime, those in favour of the development look forward to the community amenities, the promise of affordable housing and condos along a rapid transit route.

Supporters include a young nurse interested in living at the new development due to proximity to work, store employees eager about a revitalized mall and neighbours who want more shopping choices.

Others are excited to do Tai Chi at the rooftop park.

Downtown Vancouver. Pedestrian struck and killed by semi truck

A female pedestrian was killed in a collision with a semi truck in downtown Vancouver Saturday morning.

The woman was rushed to hospital after she was struck at the corner of Richards and West Hastings around 8 a.m., but died from her injuries shortly after, according to police.

This is the city's first pedestrian fatality in 2014.

Police continue to investigate the cause of the collision. The woman's identity has not yet been released.

The fatal collision happened two days after the city, police and school board held a joint press conference on pedestrian safety improvements at 44 locations. (The scene of the fatality is not one of the worst intersections.)

The city has spent $7.5 million on safety over the past two years. Its goal is to reduce the number of pedestrian deaths to zero.

EMILY JACKSON/METRO

Charter rights allegedly breached. Homeless take Abbotsford to court

Homeless people living in Abbotsford are taking the city to court, alleging bylaws and tactics used to harass them breach their charter rights.

DJ Larkin of the Pivot Legal Society says the lawsuit has been filed in B.C. Supreme Court in New Westminster on behalf of a group known as the BC/Yukon Association of Drug War Survivors.

She says the action is a response to the city's efforts to obtain a court order that would make it illegal to erect a tent in any park in the city.

The society says in a news release that homeless people have suffered for years, have had their tents and structures destroyed, chicken manure spread where they have lived and been pushed from relatively safe places to more "dangerous conditions."

None of the allegations have been proven in court, and a spokeswoman for the city was unable to comment because she says the city had not yet seen the lawsuit.

Pivot says the Drug War Survivors will be back in court at the beginning of April to set a trial date and will be asking for the case to be heard in this summer.

THE CANADIAN PRESS

Surrey

Pedestrian hurt in hit-and-run

A vehicle fled the scene after hitting an elderly male pedestrian in Surrey on Saturday evening.

The 78-year-old man sustained non-life-threatening injuries when he was struck from behind while crossing 120th Street, not in a crosswalk, near 80th Avenue around 6:30 p.m., according to Surrey RCMP.

The man was taken to hospital for treatment.

Police are asking for the public's help to identify the offending vehicle.

Anyone who witnessed the collision is asked to call Surrey RCMP at 605-599-0502 or Crime Stoppers at 1-800-222-8477.

EMILY JACKSON/METRO

Vancouver

Man survives targeted shooting

A 33-year-old Burnaby man was lucky to be in and out of hospital quickly after being shot in Vancouver Saturday night.

Vancouver police say the man was sitting in a car parked on 35th Avenue and Victoria Drive at 9:30 p.m. when an unknown man approached and fired multiple shots in the vehicle.

After the shooter fled the scene on foot, the victim — suffering from a bullet wound — stumbled into a nearby restaurant to ask for help.

He was rushed to hospital, underwent emergency surgery and was released by Sunday morning.

MATT KIELTYKA/METRO

Downtown Eastside residents paint messages across a vacant Buddhist temple on East Hastings and Gore Avenue in support of a proposed aboriginal healing and wellness centre, to be included in the local area plan. KAYLA ISOMURA/FOR METRO

Residents want aboriginal centre as part of DTES

Billion-dollar local area plan. Hearings begin in city council on Wednesday

KAYLA ISOMURA
vancouver@metronews.ca

Residents of the Downtown Eastside coated a vacant building near Oppenheimer Park in paint on Sunday, to firm up support for an aboriginal healing and wellness centre to be built as part of the local area plan.

Hearings will begin in city council on Wednesday for a $1-billion plan to reshape the DTES over the next 30 years.

"We want to make sure it goes through, it's not just talk," said planning committee member Victoria Bull.

The centre, which would be run by aboriginal people, would be used to treat and support "critical issues," she said, including addiction detox.

Bull would like to see the wellness centre include temporary housing for patients and provide care for patients after they leave.

The centre is currently addressed in the draft policy to "explore partnerships and opportunities" to develop aboriginal housing projects. But organizers of the "paint-in" would like to see the city commit to the idea.

"It would be run by indigenous people but open to everyone," said Carnegie Community Action Project (CCAP) co-ordinator Jean Swanson, adding that it would use "aboriginal tradition" to heal people as opposed to pharmaceuticals.

The paint-in was part of a march around the area, which included speeches in front of significant locations in the plan and community.

Organizers rallied outside of the Vancouver Police Department, redeveloped buildings on Powell Street, a welfare office and ended outside of a vacant Buddhist temple at E. Hastings and Gore Avenue.

The temple, owned by Vancouver Coastal Health, is where organizers and residents want the centre to be developed.

"We need to make good use of what we have," said longtime DTES resident James Pau, who would like to see more affordable housing in the community.

"These are good people, they're not greedy," he said. "They're living an honest life."

Welfare and social housing issues were also raised throughout the event.

Feminism is far from over: UBC student

A UBC student hopes to create a dialogue about feminism on campus Monday through an interactive fair and visual campaign called I Am A Feminist.

Political-science student Cheneil Hale created the campaign after realizing how many students felt uncomfortable identifying as "feminist" in a gender studies class she took earlier this year.

"We need a critical awareness of oppression of all kinds," she said. "All prejudices are related."

Hale added that a feminist, advocating for women's rights, can be of any gender, race and sexuality.

UBC philosophy professor Scott Anderson agrees.

In an email from Anderson, he said feminism affects everyone. The topic "can help to revise some of the aspects of masculinity," including the "glorification of violence and domination," he said.

Anderson said one reason women's rights issues have declined is because "its urgency has lessened."

Hale hopes to resurface the topic through her campaign by selling shirts and buttons, and by holding a fair that asks students, "How do we enact feminism?" She has also planned to show a video and hold a poetry reading.

The campaign has already received support from several student organizations at UBC.

KAYLA ISOMURA/FOR METRO

Poll. Transportation, poverty big issues for both Vancouver and Surrey residents

A new poll says that public safety is the number one issue for Surrey residents, while Vancouverites fret about housing.

Insights West released the results of its latest poll on Friday, comparing the top issues of residents in the Lower Mainland's two largest municipalities.

While the No. 1 issue in the cities were vastly different (40 per cent of Vancouver residents are most concerned about housing, 51 per cent of Surrey respondents are worried about crime), the rest of the top three looks very similar. Respondents from both cities list transportation at No. 2 (17 per cent in Vancouver, and 18 per cent in Surrey), while poverty comes in third (14 per cent and six per cent respectively).

Vancouverites appear to be much more polarized when it comes to the politics of their city. The online survey found that Surrey Mayor Dianne Watts has a 73 per cent approval rating, while Vancouver counterpart Gregor Robertson stands at 53 per cent.

MATT KIELTYKA/METRO

Investigation

Man dies in suspicious incident

A 70-year-old man is dead after being found seriously injured at an east Vancouver home Sunday morning.

Paramedics were called to a home near East 6th Avenue and Brunswick Street at 6 a.m. on Sunday and found the man in the basement suite. He was rushed to hospital in critical condition but died of his injuries later in the day.

Vancouver police say the injuries appeared to be suspicious in nature, so detectives from the major crime unit were called in to lead the investigation. METRO

Former Mountie charged with indecent assault of eight boys

1970s and early '80s. Most of the alleged victims said they were coached by the suspect in hockey or baseball

An RCMP investigation spanning B.C., Alberta and Saskatchewan has resulted in the arrest of a former Mountie who's alleged to have sexually assaulted eight boys in the late 1970s and early '80s.

Police say Alan Davidson, 58, was arrested Thursday in Calgary, where he was living and working for Alberta's sheriff services.

He was charged with eight counts of indecent assault, a Criminal Code offence that dates back to before the crime of sexual assault was created.

RCMP Supt. Brendan Fitzpatrick said that the alleged assaults happened in Clearwater, B.C., when Davidson was a coach, but before he joined the Mounties.

"At this time we have no information and are unaware of any alleged offences that may have occurred during his service as a police officer," Fitzpatrick said.

Fitzpatrick said investigators have searched dozens of minors sports rosters in three different provinces to identify other possible victims. Police said the allegations came to light when a Metro Vancouver man came forward in November 2012, saying he had been sexually assaulted by his minor hockey coach in the early 1980s.

The man told police it was possible that other players on the team had also been assaulted.

"Once we became aware of the allegations, our investigators immediately began a parallel review of Davidson's service and time with the RCMP from application through to retirement," Fitzpatrick said.

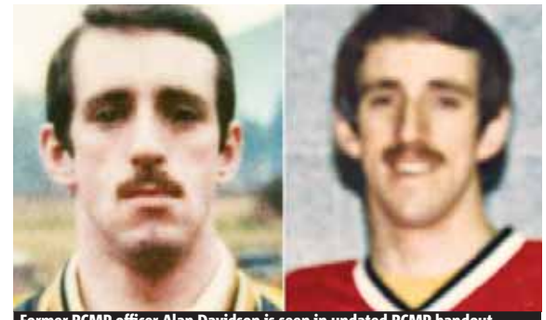
During the 16-month investigation eight males came forward with complaints, he said.

Most of the alleged victims either played hockey or baseball and said they were coached by Davidson, RCMP said. THE CANADIAN PRESS

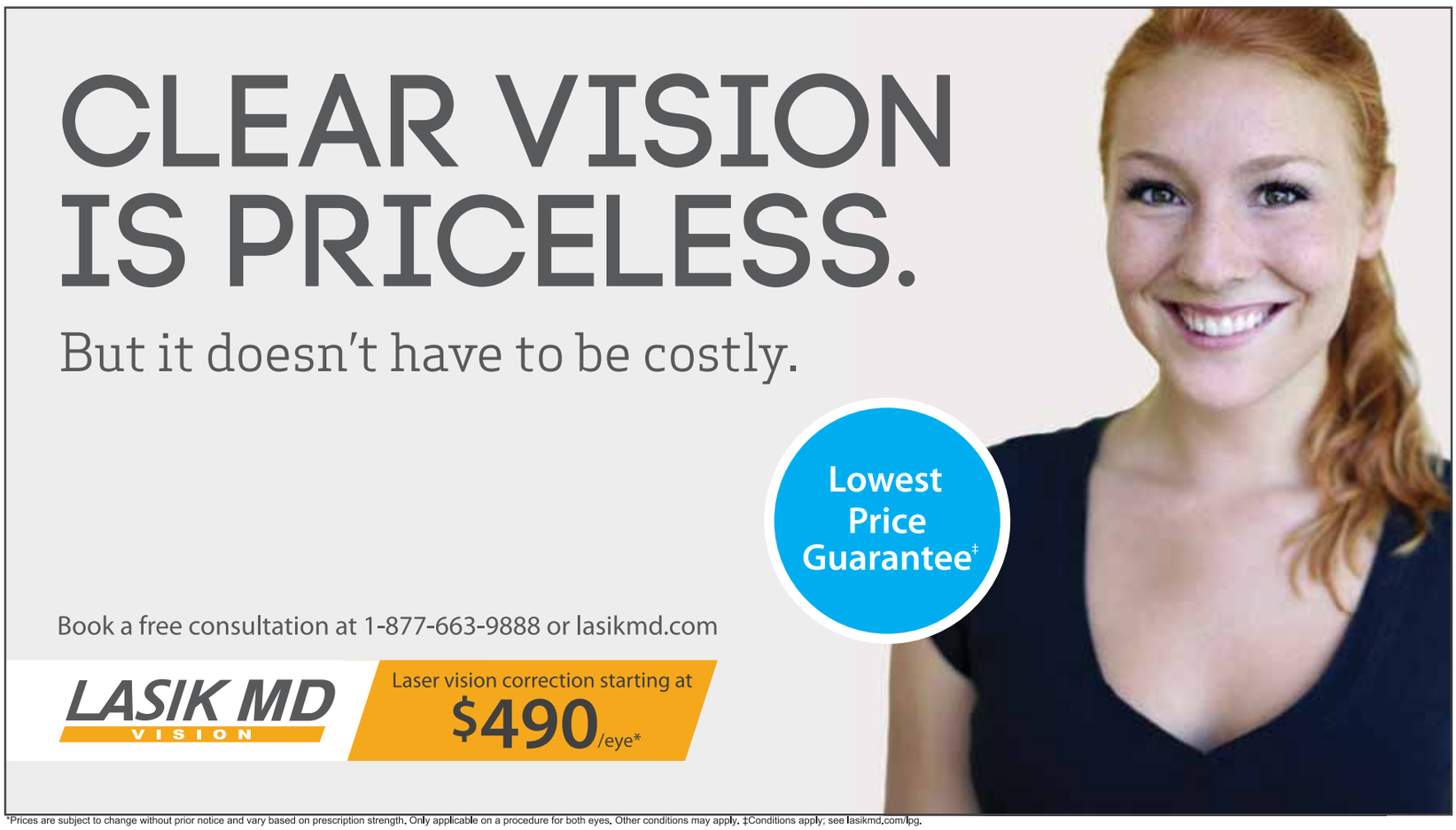
Quoted

"At this time we ... are unaware of any alleged offences that may have occurred during his service as a police officer."

RCMP Supt. Brendan Fitzpatrick, on the investigation into former RCMP officer Alan Davidson.



Former RCMP officer Alan Davidson is seen in undated RCMP handout photos. THE CANADIAN PRESS/RCMP HANDOUT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Syria. Bomb kills Toronto photojournalist: Family

A Canadian freelance photographer was killed in the northern Syrian city of Aleppo on Sunday, his sister and activists said, the latest journalist to be killed covering a brutal war that has become the deadliest place in the world for them to operate.

Ali Mustafa died along with seven others when government aircraft dropped crude bombs and one exploded where he was standing with firefighters in the rebel-held Hadariyeh area of Aleppo city, said an activist who identifies himself as Abu al-Hassan Marea.

Ali Mustafa
TWITTER

Mustafa's sister, Justina Rosa Botelho, confirmed her 29-year-old brother's death after activists sent her a photograph of his corpse. Mustafa was born in Toronto, the son of Pakistani and Portuguese immigrant parents. THE ASSOCIATED PRESS

Referendum

Separatist vote in Crimea March 16

Russian President Vladimir Putin on Sunday defended the separatist drive in the disputed Crimean Peninsula as keeping with international law, but Ukraine's prime minister vowed not to relinquish "a single centimetre" of his country's territory.

Over the weekend, the Kremlin beefed up its military presence in Crimea, a part of Ukraine since 1954, and pro-Russia forces keep pushing for a vote in favour of reunification with Moscow in a referendum the local parliament has scheduled for next Sunday. THE ASSOCIATED PRESS

Very few countries use stolen documents database: Interpol

A relative of passengers on the missing Malaysia Airlines jet cries in a hotel in Beijing, China, on Sunday. ANDY WONG/THE ASSOCIATED PRESS

Malaysia Airlines.

Agency has sounded an alarm on this for years; it has 40 million stolen or lost travel documents on file

Interpol knew about stolen passports that two passengers used to board an ill-fated Malaysia Airlines flight bound for China, but no country checked the police agency's vast database on stolen documents beforehand, it said Sunday. Interpol said it hopes authorities will "learn from the tragedy."

It's not known whether stolen passports had anything to do with Saturday's disappearance of the Boeing 777 bound from Kuala Lumpur, Malaysia, to Beijing with 239 people on board. But such oversights aren't new. Last year, passengers boarded planes more than a billion times without their passports being checked against Interpol's database of 40 million stolen or lost travel documents, said the organization.

Interpol just last month said that "only a handful of countries" regularly use its stolen or lost documents database. THE ASSOCIATED PRESS

Mystery of flight MH370

Vietnamese authorities searching waters for the missing Boeing 777 jetliner spotted an object Sunday that they suspected was one of the plane's doors as international intelligence agencies joined the investigation into two passengers who boarded with stolen passports.

- The jet lost contact with controllers between Malaysia and Vietnam.

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‘Miracle’ baby breathes after being declared dead

Robin Cyr visits with her newborn baby girl in the neonatal intensive-care unit at the IWK Health Centre in Halifax. JEFF HARPER/METRO

Robin Cyr’s fourth child already packed a lifetime’s worth of emotional turmoil into her first 28 minutes in the world.

Cyr, 34, was told her baby girl died just after being born in the IWK Health Centre in Halifax around 3 a.m. Saturday.

But shortly after getting the devastating news, a stuttering, breathless nurse rushed back into the room to say the baby had started breathing again.

“My aunt was there and it’s a blessing because her prayers are very deep and strong,” said Cyr on Sunday, speaking in a whisper through tears at the hospital. “When she started praying, my baby came back.”

The big baby girl, who weighed nine pounds 14 ounces, got wedged in the birth canal during the delivery. Once she was born, Cyr lay on the bed waiting for 25 minutes for any signs of life.

“My aunt looked at me and said, ‘Your baby girl’s gone,’” she said, adding the baby’s body was taken out of the room after being declared dead. “Another nurse came over, two minutes later ... she couldn’t talk. She was speechless, and another nurse came over and said, ‘Your baby’s breathing.’”

A flummoxed surgeon told Cyr’s family that he had no explanation for the seemingly impossible recovery.

“He said it’s a miracle,” said Cyr. “He said, ‘I’m very sorry I gave up on your baby when I did, because I turned around and she’s breathing on her own.’”

The chubby little girl with an impressive shock of dark hair is now breathing on her own in the neonatal intensive-care unit. She could pass for any other healthy newborn baby.

Cyr’s family and friends say they’re still processing the miracle that trumped the miracle of birth.

“The way the story progresses, by the time you get halfway through, you don’t want to hear the rest, you’re like, I’m done. This is not going to end well,” said godfather Nevel Carvery. “Then to have it end the way it ended, it’s a roller-coaster.”

Cyr had a name picked out for the baby, but said that will likely have to change.

“Everybody just keeps saying ‘miracle, miracle,’” she said.

A review is underway to determine what, if any, explanation there may be for the baby’s apparent resurrection.

RUTH DAVENPORT/METRO IN HALIFAX

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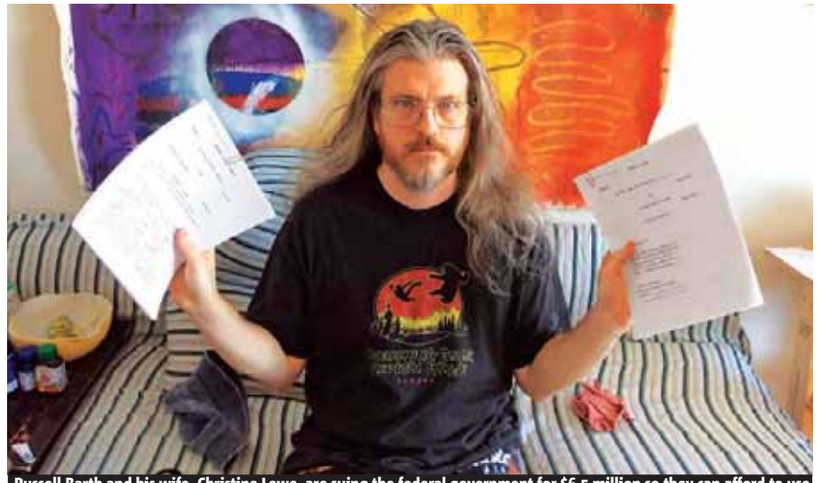

Russell Barth and his wife, Christine Lowe, are suing the federal government for $6.5 million so they can afford to use pot as medicine when Health Canada changes rules to its medical marijuana access regulations. CONTRIBUTED

Couple suing feds for $6.5M worth of weed

Medical marijuana. With prices expected to skyrocket, an Ottawa man and his wife want the government to cover them for 40-year supply

TREVOR GREENWAY
Metro in Ottawa

An Ottawa couple who uses medical marijuana are suing the federal government for a combined $6.5 million — a projected figure of what it will cost them to stay medicated for the next 40 years when Health Canada changes rules to its medical marijuana access regulations.

Russell Barth consumes about 16 grams of pot every day to manage pain related to his fibromyalgia symptoms, as well as post-traumatic stress. Barth and his wife, Christine Lowe, who suffers from epilepsy, say they have a designated grower, an arrangement that allows them to stay medicated for far less than it will cost them under the new rules.

While he did not disclose how much he spends a year, he said a friend of his grew a year’s worth of marijuana in a single summer at a cost of $500.

When Health Canada changes come into effect at the end of the month, Barth and his wife won’t be able to afford the up to $15 a gram they will be forced to pay from commercial growers. The changes will also force Barth to destroy all the pot he already has — about 78 plants and 3.5 kilograms of dried marijuana that he says is worth more than $130,000.

His statement of claim gives the Crown three options: Remove cannabis from the Controlled Drugs and Substance Act (CDSA) for everybody, grant him and his wife an exemption from the CDSA or pay them the money so they can afford to medicate themselves in the future. Ideally, Barth wants marijuana to be legal for everyone. He sees a market of cheap or free pot under those circumstances.

“Pot should be sold in supermarkets,” he said. “Pot should be as legal as coffee and chocolate, not tobacco and alcohol.”

The new rules, which come into effect March 31, will no longer allow medical marijuana patients to grow their own pot or use designated growers.

Instead, patients will have to buy from licensed large-scale producers at a much higher cost, and that doesn’t sit well with Barth.

“It’s absolutely terrifying,” he told Metro Sunday.

“Every day I feel like I am wrestling with a robot.”

California

Stage collapse causes many minor injuries

A stage at a California high school collapsed during an event and 30 to 40 people were rushed to hospitals with mainly minor injuries, authorities said. Police, firefighters and medics responded Saturday after the stage gave way at Servite High School, according to the Anaheim Fire Department.

THE ASSOCIATED PRESS

Blarney Blowout

Over 70 arrested at St. Patrick’s Day celebration

A pre-St. Patrick’s Day celebration near the flagship campus of the University of Massachusetts spiralled out of control, pitting police in riot gear against thousands of drunken and unruly revellers at the annual Blarney Blowout. More than 70 people were arrested and four officers were injured.

THE ASSOCIATED PRESS

Lev Tahor

9 members of Jewish sect back in Canada: Police

Police say nine members of a fringe Jewish sect who left the country amid child custody proceedings only to be stopped in Trinidad and Tobago have now been returned to Canada.

Police say the Lev Tahor members landed at Toronto’s Pearson International Airport Saturday, and the six children were in the care of the Children’s Aid Society. THE CANADIAN PRESS

Protests ahead of Fukushima anniversary

Costumed protesters beat drum cans during an anti-nuclear plant demonstration in Tokyo on Sunday. Waving "Sayonara nukes" signs, thousands of people rallied in a Tokyo park and marched to Parliament to demand an end to nuclear power ahead of the third anniversary of the Fukushima disaster. The demonstration Sunday was one of many such protests that have erupted since the March 11, 2011, nuclear disaster, the worst since Chornobyl. JUNJI KUROKAWA/THE ASSOCIATED PRESS

Bank of Mom and Dad need to bone up on RESPs

HOW TO ROLL
Alison Griffiths
metronews.ca

Parents need to do their homework on RESPs. THE ASSOCIATED PRESS FILE

Rachel Canning, an 18-year-old from New Jersey, has just lost the first round in a lawsuit against her parents over financial and educational support after they booted her from the family home, citing her bad behaviour.

But imagine if the disgruntled teen had sued them because poor investing decisions robbed her of the opportunity to attend university.

It seems ridiculous. On the other hand ...

An RESP (registered education savings plan) isn't a child's right. But once parents start one it behooves them to pay attention. Many kids contribute to their own RESPs with summer or part-time earnings, giving them an even bigger stake in the outcome.

An annual deposit of $2,500 will attract the maximum Canada Education Savings Grant of $500 yearly. Even if the money earns no interest, it will amount to $57,000 after 18 years.

A modest, annually compounded return of three per cent would boost the bottom line to over $76,000. That's a nice chunk of change.

Now suppose parents buy some really stinky investments and the education fund is eviscerated. Should they be held responsible?

Or what if parents put all the money into the stock market without the safety of cash or bonds? If it's early 2008, their offspring stand to lose 40 to 50 per cent of their education money in the September crash.

It would be interesting to see what a court would say if a child were to sue parents for financial neglect in either situation. It might never happen, but the point is, you can't just contribute to an RESP and ignore it.

RESP rules

1 Watch the calendar. When a child is within six or seven years of college, leave new contributions in cash (a savings account or GIC) and start selling a portion of equity investments annually.

2 Invest conservatively. Return is low with cash and bonds, but the money is safe. Start with a 50-50 mix of equity and fixed-income assets, and then reduce the stock-market exposure annually in the pre-teen years.

3 Watch the costs. Target-date funds are hugely popular for RESPs, but the fees can be high and you aren't in control of the asset mix.

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WHAT THIS CITY NEEDS MORE OF

URBAN COMPASS

Paul Sullivan
vancouver@metronews.ca

I'm kind of ashamed to admit it, but I rode the Canada Line for the first time the other day.

It was a good ride, fast and convenient, and reminded me of subway experiences in Toronto, Montreal, London, Paris and New York.

Of course, it was off-peak hours, but if I had taken the car, I'd still be circling around my destination looking for a parking spot.

The Canada Line works.

It took five minutes to get from the Waterfront Station to Broadway-City Hall, which was the length of time promised by the digital readout at the station. The car wasn't crowded but even if it was, who cares if you have to stand if you can get from the waterfront to the airport in 25 minutes without taking your life into your hands on the horrifying drive along Granville? And I can't imagine actually taking the bus to the airport. I'm still recovering from my last bus trip, three years ago.

Given all the noise associated with the movement of people and goods across the 2,877.36 square kilometres that constitute Metro Vancouver, the Canada Line, and, lest we forget, the Expo and Millennium SkyTrain lines, show up pretty much every day and just do their jobs, reliably getting travellers from Point A to Point B via the shortest, most direct route.

I realize there's a special sub-species of transit argument about elevated versus light rail versus cut and cover versus tunnels, etc., but surely the principle of rapid, regularly scheduled rides versus the shortest, most direct route is the answer to all the arguments. The problem with light rail and buses is they travel at street level, where more bad, random things happen than beneath the street or above the street.

Just look at what elevated or subterranean rapid transit does: It knits the Lower Mainland's crazy quilt together. Thanks to the Evergreen Line, Coquitlam is no longer just an abstract idea — it becomes a real place and a viable alternate to Yaletown if you're looking for somewhere to live.

The whole city is yours.

The rudimentary rapid transit we already have has allowed the city to grow and offer "affordable" housing (this is Vancouver, after all). All we need is more. Metro London is vast: 8,382.00 square kilometres, but it also has 11 subway lines, most of which are working at any given time, making it possible to ramble around one of the great capitals of the world at will.

Now that our fourth line, the Evergreen Line, is finally underway, what's next? A line along the Broadway corridor to UBC or an extension of the Surrey line from King George Station to Langley Centre? There's a compelling case to be made for each.

But in a city where we work up such passions over a few bicycle routes, we need to focus on the big picture. If we really want a world-class city that works, rapid transit will take us there.

ZOOM

Injured in Afghanistan, scoring in Russia

JUSTIN SETTERFIELD/GETTY IMAGES

Canadian Forces veteran scores

Canada's Dominic Larocque celebrates scoring during an ice sledge hockey game between Canada and Norway on Sunday at the Paralympic Games in Sochi, Russia. Larocque was an accomplished athlete growing up — even playing junior-A hockey for a time — before joining the Canadian military's famed Van Doo regiment in 2005. THE CANADIAN PRESS

Reminded of fateful day every morning

Larocque has no memory of the moment that changed his life forever.

While serving with the Canadian Forces in Afghanistan, an armoured vehicle carrying the young corporal drove over an improvised explosive device. The devastating blast on Nov. 27, 2007, shattered Larocque's left leg and required an amputation above the knee.

Although he has no recollection of that fateful day, he's still reminded of it each morning.

"Every time when I wake up I think about that," said Larocque, now 26. "I have no choice." His main focus upon returning from Afghanistan was getting back in shape, but he saw an even brighter future after watching Canada's sledge hockey team in action.

THE CANADIAN PRESS

Sledge hockey

4-0

A big body that likes to do the dirty work, Larocque has already shown some scoring touch at these Games, recording two goals in Canada's 10-1 victory over Sweden in Saturday's opener.

Larocque was at it again on Sunday, scoring the game's first goal in Canada's 4-0 victory over Norway.

Canada has an off-day on Monday before taking on the Czech Republic on Tuesday.

WE ACT:
CANADA DOES GOOD

Poetry behind bars

CONTRIBUTED

Canadians across the nation are up to a whole lot of good. Here's one we'd like you to meet.

Who: Nancy Van Styvendale, community-builder and educator

What: Inspired Minds, an all-nations creative writing program at the Saskatoon Correctional Centre

Why: "To build bridges and connect people across differences."

Poetry can't break bars, but Dr. Nancy Van Styvendale, an assistant professor at the University of Saskatchewan, argues that it does break down barriers. In 2011, with the support of Diann Block, the First Nations and Métis co-ordinator at the Saskatoon Correctional Centre, Van Styvendale volunteered to co-ordinate and teach creative writing and literature classes to small groups of inmates. These eight-week, volunteer-driven courses provide participants with a certificate of completion from the University of Saskatchewan.

What has been the most rewarding part of your involvement?

Within the larger context of the jail, there's the need to protect yourself and not let people in. What I love about the program is that it creates a safe space where the men feel relatively confident sharing very personal things about their lives and struggles. And the other members of the class respect that and encourage their fellow classmates.

How has the program affected the participants personally? Some of the men have experienced racism and were disenfranchised at school. So to provide an educational space that is positive, that makes people feel good about learning is super important. A lot of the men are interested in the certificate of completion, because they can use it when they are going on a job interview. It's a big deal for someone who doesn't have educational credentials.

CRAIG AND MARC KIELBURGER

WE WANT TO HEAR FROM YOU:
Send us your comments: vancouverletters@metronews.ca

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Canadian Screen Awards

Orphan Black and Call Me Fitz multi-award winners

The Nova Scotia-shot comedy series Call Me Fitz, about a morally bankrupt used-car salesman, was among the big winners at Sunday night's Canadian Screen Awards, taking home three awards during the TV broadcast.

Show star Jason Priestley won for best actor in a comedy series, while co-star Tracy Dawson won for best actress. The series also took home honours for best comedy series.

Space's sci-fi series Orphan Black received two wins, with show star Tatiana Maslany winning best actress in a dramatic role. Last year Maslany, a Regina native, was also nominated for a Golden Globe for her work on the series. Orphan Black also won for best dramatic series.

Among other TV winners were Hugh Dillon for best dramatic actor in Flashpoint, and Rick Roberts and Sook-Yin Lee for their performances as Jack Layton and Olivia Chow in the miniseries Jack.

Awards were also handed out for films, with Denis Villeneuve's Enemy wining five honours. Villeneuve was awarded best director, while Sarah Gadon won a supporting actress honour for her role. Best motion picture went to the French-language film Gabrielle with star Gabrielle Marion-Rivard winning the best actress award.

METRO, WITH FILES FROM THE CANADIAN PRESS

For a full list of Canadian Screen Award winners, visit metronews.ca.

Juicy J's hustle continues

Never Sober. Busy rapper kicking it on tour, working on next album as collaborations climb Billboard chart

EMILY LAURENCE
Metro World News

Juicy J: "I hustled all the way to the top and I'm partying my ass off right now. But I work hard too." MUSASHI ONO

If there's anyone who deserves to do a little partying, it's Juicy J. His collaboration with Katy Perry, Dark Horse, is everywhere, including the top of the Billboard Hot 100 chart, and his new single, Talkin' Bout, with Chris Brown and Wiz Khalifa, is quickly creeping up too. We talk with the rapper about getting tipsy (count the number of times he says Ciroc) on his Never Sober tour.

Right now, you're in the studio working on your next album, The Hustle Continues. What can people expect?
It's about going from the 'hood to where I am now. I've been in the music game for over 20 years and won an Academy Award (in 2006 for It's Hard Out Here for a Pimp from Hustle & Flow). I still live a party and kicking-it life. I'm having a lot of fun right now, but I'm still working too.

Dark Horse is obviously killing it right now. What was it like working with Katy Perry?
Katy Perry is a genius. She works hard just like me. Katy is in the studio every day and working with her was great. There were no problems at all.

How did that collaboration compare with working with Miley Cyrus on 23?
Both of them work really hard. Miley's a genius too. She has a great voice. They're both very professional women.

After 23 came out, there were all these rumours that Miley was pregnant with your baby.
That was just funny. People are always going to spread rumours online that aren't true. Miley's like my little sister, man!

This is the Never Sober tour. What's your signature drink?
Right now, we have lots of Ciroc Vodka on the bus and some Hennessy and a couple bottles of champagne. If someone's coming to a Juicy J show, they would definitely drink some Ciroc. But don't drive. Let somebody drop you off or catch a limousine or something. You can drink some Ciroc or down some gin and then have somebody drop you off. Or you can take Uber. I tried it and it's great.

If your life was a video game, what would it be like?
It would definitely be a hustle. You'd have to hustle your way to the top and then you party your ass off. That's what I did. I hustled all the way to the top and I'm partying my ass off right now. But I work hard too. We might be drinking some Ciroc on the tour bus, but I have a studio set up in there. I'm actually about to go make some beats right now.

You collaborated with Chris Brown and Wiz Khalifa for your new single, Talkin' Bout. What are they like to hang out with?
We're super cool. They're great guys. When we hang out, we just like kicking it, popping bottles and enjoying life.

What would people be surprised to learn about you?
I manage myself. I'm very hands-on and am in all the meetings, on all the emails and do my own taxes. I have people who work for me, but I'm the head guy in charge and I run the show. I've been doing it my whole life.

When I was 13 years old, my mama was a librarian and I told her to check me out all the music books. I read 10 or 15 books because I wanted to know everything about the music business. A lot of artists just want to make music, get groupies and spend all the money, but that isn't what you're supposed to do. It's called the music business and it's a business at the end of the day.

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week

Hats a lot of loot for Pharrell's Grammy head gear

STARGAZING
Malene Arpe
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Arby's bought Pharrell's Grammy hat in a charity auction for $44,100 US. Wendy's is still trying to buy Julianne Moore's hair.

Olympic ice dancing gold medal winners Meryl Davis and Charlie White will be competing on Dancing with the Stars. That's really too bad for you, Canadian contestant Sean Avery.

This week in wooing:
1) Robin Thicke is waging a public campaign to win back wife Paula Patton by singing songs about her. 2) Justin Bieber is Instagramming pictures of ex Selena Gomez with the caption "most elegant princess in the world." 3) John Travolta is still trying to get Adele Dazeem to call him.

A tattoo artist who visited Charlie Sheen's hotel room over Christmas says that a Vicodin-popping Charlie punched a hole in the wall, signed his name under the hole and then took off his shorts and set them on fire before offering the visitor $10,000 US for a kiss. "See," says Justin Bieber to his team, "we still have a really long way to go until we are where we want to be."

Katie Holmes has closed her five-year-old fashion line. There was no reason for her to pretend she has to leave the house to make clothes now that she can come and go as she wants.

Bobby Brown says he didn't know his daughter Bobbi Kristina got married. In his defence, he also doesn't know where he lives, what his favourite food is or if he still has a prerogative.

Gwyneth Paltrow ALL PHOTOS GETTY IMAGES

'Princess' Paltrow's past comes back to haunt her

Poor Gwyneth Paltrow. As if it weren't enough to have her opinions and actions as an adult criticized, now former middle school classmates are saying that she's always been difficult. "Gwyneth always seemed like she thought she was better than the rest of us," a former classmate tells Radar Online. "She was in a play where she had the princess role and she told another girl in school that 'of course' she was playing that role because she was a princess and the other girl was not and that's why she didn't get the role. No one was surprised. She was so smug, even back then." And that old reputation is apparently still haunting her now that she and her family live in L.A. again: "A group of women that didn't get along with Gwyneth back in the day want nothing to do with her now," the source explains. "They still live in L.A. and have no interest in hanging out with her or being friends at all."

Selena continues to Belieb Justin is the one for her

Selena Gomez

It looks like Selena Gomez can't quite quit Justin Bieber no matter how much trouble he encounters. The former Disney star is fuelling speculation that she and Bieber are back together after being spotted by fans having breakfast together in McAllen, Texas, Friday morning, according to Valley Central. Gomez was in the area for a performance at BorderFest, and Bieber apparently flew in to join her after giving a deposition in Miami in a lawsuit brought against him by a photographer.

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Gail blogs daily at gailvazoxlade.com

Money jars provide a clear view of how to live within your means. ISTOCK

One of the biggest surprises to come out of Til Debt Do Us Part was the number of people who put themselves on The Magic Jars as a way of managing their money. Determined to do something differently, they saw the jars as a way of taking control of their money. Some people, however, seem to have difficulty figuring out where the money for the jars comes from. It's as if they think this is extra money, not money they would have been spending all along.

The money that goes into the jars is the money that you would have been spending on things like gas, food, clothes, entertainment and medical costs — all your variable expenses. It's not extra money.

While the jars make the whole money management thing very concrete, the place to start changing your money management is not with the jars. It's with a balanced budget. You can't actually make the jars work for you if you don't start by making a budget that balances.

Head of over to my website at gailvazoxlade.com and find the Interactive Budget and the instructions, Gail's Guide to Building a Budget. Follow the instructions and make a budget that balances. You can't have a negative number at the bottom. The budget has to balance.

If you can't make it balance, either your expenses are too high or your income is too low. Start by cutting out everything that isn't essential to keeping body and soul together.

Cable, cell phone and telephone bills are one place to look. Turn down your thermostat and put on a sweater to save on heating costs. Get rid of a car you simply can't afford to keep. If that's not enough, then you're going to have to find a way to make more money.

OK, now we come to the jars. The Interactive Budget Worksheet will tell you how much should be going into each of the jars. This money is your variable spending. Assuming you've balanced your budget, you now know how much to pull from your bank account each week for the jars. If you're deeply in debt and must commit a significant portion of your income to debt repayment, some jars, like "clothing and gifts" may remain empty until you're back in the black.

All the rest of your money stays in your bank account to be used to pay your bills. Your mortgage or rent is a fixed expense. Ditto your car payment, insurance, childcare.

Two more things: First, if you can't figure out how much you should be putting toward debt repayment, use the Own Up to Your Debt Worksheet on the website as a quick way to determine how much should be going toward your debt repayment. If your hole is deep, you may have to allocate 30, 35 or 40 per cent of your income to debt repayment; whatever it takes to get you out of the red within three years or less. If it looks like it's going to take longer, or your debt repayments are throwing your budget off kilter, you only option will be to make more money.

Second, you can't sacrifice savings in the name of paying your debt off faster. Sorry, that's cheating. You have to set aside a little sumthin' sumthin' each month for emergency and retirement savings so that you're working with a balanced plan.

I know there are those who believe you should pay off all your debt before you start to save. I don't agree. If you don't start the habit of long-term savings today, you may not ever start. Ever heard of inertia? That's the thing that keeps a body that's at rest, at rest until something acts upon it. It also keeps a body in motion, in motion. If you aren't saving today, you're a body at rest.

Lots of people all over the world are using the jars. I'm really surprised that such a simple and really old idea has caught on in such a big way. Perhaps it's because the jars really work. I haven't given them to a single family that hasn't had money left in the jars at the end of my time with them, despite my having dramatically cut their budgets.

Determination is a big part of success. If you're at all wishy-washy about what it'll take to get you out of debt and live within your means, if you just can't work up the guts to do things differently, it won't be the jars that failed.

WANT TO BE SMARTER ABOUT YOUR MONEY? GO TO MYMONEYMYCHOICES.COM AND FOLLOW THE ROADMAP TO SUCCESS.

METRO CUSTOM PUBLISHING

Tax Talk

Need Advice?

Caroline Battista
Tax Analyst at H&R Block

H&R BLOCK

U.S. Citizens Need To File With The IRS And Employment Expenses Are Probably Not A Tax Break

Q I use my phone for work? Can I claim a portion of my bills?

A Probably not. It usually has to be part of your employment contract before you can claim it. And your employer has to give you a signed T2200 Form in order to claim employment expenses like cell phones. But if you have a T4, you should be able to claim the Canada Employment Amount, which is about $168 in tax savings. This credit was meant to help with some of the costs of having a job, like parking, dry cleaning and cell phones.

Q I was born in the U.S. but my parents moved to Canada when I was 5. Do I have to file a U.S. return?

A It depends on your income but the answer is probably yes. Unless you formally renounce your U.S. citizenship, the IRS expects U.S. citizens to file a tax return if you earn over a certain amount. Don't worry, the U.S. Canada Tax Treaty means you won't pay double the tax, but you need to file a return. And if you have assets of more than $10,000 at any point during the year, you need to file a Financial Bank Account Report with the Treasury Department by June 30 or face penalties.

Visit *hrblock.ca* for a location near you

No, you don't have an app for that

Don't quit your day job. Developer warns that odds of creating the next Flappy Bird are likely no better than winning the lottery

Convinced you've got a brilliant app idea that would surely make you rich if you could just learn to code?

Think again before quitting your day job, warns Matt Coombe, co-founder of the Toronto-based app development company Get Set Games.

While he in no way discourages aspiring app makers from getting into coding, he warns it's getting harder and harder to get noticed in Apple's crowded App Store and the Google Play marketplace for Android apps.

"I think the gold rush is over," Coombe says during an interview at the company's downtown loft-style office space, which features trendy reclaimed wood furniture and the requisite well-stocked staff kitchen.

"In the early days, it was basically, if you could make a decent app and get it out on the App Store, you had a very good chance for success. You wouldn't necessarily become a millionaire overnight but you could make a decent salary for yourself.

"I think those days are over because there's so much quality out there. There's absolutely an opportunity there. It's still available and people are still doing really great stuff and having a lot of success, but it's a lot harder."

Get Set Games' Mega Jump 2, for example, is a so-called freemium game, which means it's free to download but users can opt to pay for some add-ons that make playing a little easier.

You may have the code down to a science, but do you have the skills to put together a completely unique product? ISTOCK

Not-so-lengthy life spans

Matt Coombe knows firsthand that even if an app can stand out from the crowd and become a hit, maintaining a top chart position is extremely difficult.

- Get Set Games first topped the charts in 2010 with its game Mega Jump and recently released a sequel, which also went to No. 1.
- Featured status by Apple helped push Mega Jump 2 to the top of the overall iPad app charts in both Canada and the U.S. within days of its release. It took overall top spot in 32 countries and in the arcade game category it ranked No. 1 in 100 countries.
- But within a couple of days the descent on the charts began and by week's end, it had dropped dozens of positions in Canada and the U.S.

The characters of Mega Jump GET SET GAMES

The original Mega Jump wasn't free when it first launched but Coombe says the development team eventually decided that adopting the freemium strategy was the best way to go.

Too many users had decided that even 99 cents was too much to pay for an app. Now Coombe hopes that maybe five per cent of the users who download his games will opt to pay for in-game purchases. For a game that's massively popular, the revenue from those five out of every 100 users can add up.

"There are a couple of really great things about making free apps. One is you absolutely get to reach out to the most people possible with zero barrier to entry. Everyone is willing to give your game a try," Coombe says.

"That means your download numbers and people who get to know about your game and your brand are several orders of magnitude larger than a paid app.

The second thing is, when you have a large user base and a lot of people playing your games, then you get to introduce those same people to your next games and your next games, which is obviously a fantastic way to market your whole (roster) of games."

But Coombe says he's starting to come around to the idea of releasing games with a price tag again, partially because it seems some consumers are getting sick of the freemium concept and being nagged into paying for upgrades.

"We're definitely a freemium-based company but that's not to say there aren't more and more reasons becoming apparent to start really thinking about potentially making a high quality paid app.

I think we're starting to see ... people are starting to yearn a bit more for paid apps that are perhaps $4.99 or $9.99 because it's the game experience they want, they're willing to pay upfront to not be bothered with all that stuff," he says.

Coombe says it seems like a large proportion of people are willing to start paying money for apps if they feel they'll get value from it.

THE CANADIAN PRESS

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WE'RE OUT THERE. JOIN US.

Not a dry eye in the house when this meat loaf performs

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

Meatloaf has always been a classic family favourite. It's about time we add some pizzazz to this traditional dish.

Using ground chicken or turkey is a leaner way to go. Four ounces of ground chicken have only 108 calories and one gram of fat compared to regular ground beef, with its 310 calories and 20 grams of fat!

I take the ground chicken mixture and layer it, using roasted red peppers, sun-dried tomatoes and Monterey Jack cheese. This not only adds flavour but is also beautiful when sliced.

For a variation, you can try making mini meat loaves by using either a muffin cup mould or mini loaf pan. Divide mixture into 12 servings.

The key to cooking poultry is to be sure it's always baked thoroughly, reaching an internal temperature of 165 F. I like to use the digital instant thermometer probe. Just preset it to 165 F and insert into the middle of the loaf until temperature is met.

You can buy roasted red bell peppers in water packed in a jar or roast a small red pepper cut into quarters in a 425-F oven for 15 minutes or just until the skin blisters. Remove the skin and chop.

Nutritional information

Per serving

- 280 calories; 13 g carbohydrates; 1.8 g fibre; 22 g protein; 14.3 g total fat; 4.9 g saturated fat; 130 mg cholesterol; 420 mg sodium

FLASH FOOD

From your fridge to your table in 30 minutes or less

Ingredients

- 1 1/2 lb ground chicken
- 1/2 cup seasoned dry bread crumbs
- 1 1/2 tsp finely chopped garlic
- 1 large egg
- 1/4 cup finely chopped yellow onion
- 1/4 cup ketchup
- 1/2 tsp dried basil
- Pinch of salt and pepper
- 1/3 cup finely diced green onions
- 2 oz roasted red pepper, chopped
- 1/4 cup diced rehydrated sun-dried tomatoes
- 1/2 cup shredded Monterey Jack cheese or white aged cheddar
- 2 tbsp grated Parmesan cheese

Directions

1. Preheat the oven to 425 F.

2. In a bowl, combine the ground chicken, bread crumbs, garlic, egg, onion, ketchup, dried basil and salt and pepper until well mixed.

3. Pat half the chicken mixture into the prepared loaf pan. Sprinkle with the green onions, red pepper and sun-dried tomatoes.

4. Mix the Monterey Jack and Parmesan cheeses and add all but 2 tbsp of the cheese mixture to the loaf. Pat the remaining chicken mixture over the filling

.

5. Bake for 20 minutes or until the interior temperature reaches 165 F. Sprinkle with the remaining cheese and bake for 2 minutes or until the cheese melts. **THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN**

This recipe serves six. MIKE MCCOLL, FROM THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

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- Proficient in Microsoft Office applications
- Creative, efficient, flexible & detail oriented
- Strong verbal and written communication skills
- Proven track record in profitable selling

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metro

It was a hard-knock week for Eddie Lack

NHL. Canucks' new No. 1 goalie got the win Saturday after allowing goal from centre ice

CAM TUCKER
cam.tucker@metronews.ca

Canucks goalie Eddie Lack and Alexander Edler celebrate after defeating the Flames 2-1 on Saturday night at Rogers Arena. DARRYL DYCK/THE CANADIAN PRESS

In less than a year, the Vancouver Canucks have sent two elite goalies packing on the trade market. And suddenly, Eddie Lack is the No. 1 goalie, with only 28 games of National Hockey League experience.

Cory Schneider: gone, traded last June. Roberto Luongo: gone, traded in a shocking, controversial blockbuster last week.

"It's been very weird to say the least," said Lack about the last week after Saturday's 2-1 win over the Calgary Flames.

The victory — an ugly one, with the Canucks only getting credit for 14 shots on goal — may have barely reduced the growing tension the fan base is feeling toward the organization.

In Lack's second start of the post-Luongo era in Vancouver, he was ventilated for five goals on 17 shots and the Canucks played to a grotesque loss in Dallas.

It looked like things might go off the rails again Saturday.

Brian McGrattan's slapshot from centre ice skipped just in front of Lack and beat the Swedish netminder on the stick side, giving the Flames the lead.

"It doesn't really matter the way the goals go in, you just want to make sure it's not the game-winner," said Lack.

"Garbage goals is going to happen every season.... It's just part of the process."

But Lack was able to come back from that, making 22 saves on 23 shots to earn Vancouver's second win in the last 10 games. His biggest stop came minutes after the McGrattan tally, as Lack made a spectacular right-pad save off Joe Colborne on 2-on-1 rush.

"I think it was important for me to make that 2-on-1 save and get back into focus," said Lack.

The Canucks had a team day off Sunday, and will host the New York Islanders at Rogers Arena on Monday.

The Canucks are hanging on to the slimmest of playoff chances, sitting 10th in the Western Conference, four points back of the Dallas Stars. The No. 1 goalie job for the moment belongs to Lack.

"I always have pressure on myself to win when I play," said Lack.

Steady is Eddie

2.15

Eddie Lack carries a 2.15 goals-against average into Monday's game against the New York Islanders. That mark has him tied for seventh in the league with Boston's Tuukka Rask. Lack is also ranked 10th in save percentage at .922.

Golf

Hadwin wins first Web.com title

Abbotsford golfer Adam Hadwin picked up his first career Web.com Tour victory on Sunday.

The 26-year-old Hadwin birdied the 18th hole to win the Chile Classic, besting Alistair Presnell by a single shot on the final hole. Hadwin fired a final round of three-under par 69, and takes home $117,000 for the winner's share.

Hadwin became a fan favourite when he was in contention at the PGA Tour's 2011 RBC Canadian Open at Shaughnessy Golf and Country Club in Vancouver.

Hadwin was already sitting eighth on the Web.com Tour money rankings after his first tournament of the season, the Pacific Rubiales Columbia Championship where he finished tied for eighth.

The top 25 players on the Web.com Tour money list at the end of the regular season are assured their PGA Tour cards for the following season.

METRO

Hockey Night in Canada

Strombo in line to fill MacLean's shoes

George Stroumboulopoulos will reportedly be the next host of Hockey Night in Canada.

TSN's Bob McKenzie tweeted the host of CBC's George Stroumboulopoulos Tonight will become the face of the show when Rogers Communications Inc. takes control of Canada's NHL broadcasting rights next season.

THE CANADIAN PRESS

Whitecaps happy, not satisfied with season-opening win

The Red Bulls' Ibrahim Sekagya, left, and the Whitecaps' Darren Mattocks vie for the ball at BC Place Stadium on Saturday. DARRYL DYCK/THE CANADIAN PRESS

It was a dazzling and clinical display.

The Vancouver Whitecaps, with that revamped midfield, opened up the 2014 Major League Soccer regular season in spectacular fashion with a 4-1 win over the New York Red Bulls.

The only blemish was a New York goal conceded in added time. It had no bearing on the result. The game was over, three points in the bag.

And still, the Whitecaps weren't happy about it.

Jay DeMerit, the club's captain, looked furious on the replay. Goalkeeper David Ousted, who went up to catch the ball but missed, chucked his water bottle into the net in disgust after a swig.

Rookie head coach Carl Robinson, who picked up the victory in his debut in his new occupation, wasn't pleased with the late goal.

"I don't like giving up goals in the last minute," said Robinson. "We're going to concede goals this year. If that happens in the first minute, we've got to try and weather the storm. So that annoyed me but it won't take away the gloss of a fantastic performance."

Kenny Miller, whose contract is up in June, had a pair of goals. Midfielder Pedro Morales, the newest designated player, had a goal and an assist coming off the bench. And midfielder Sebastian Fernandez also scored in his MLS debut. No early sense of complacency, though.

"The team and coaches aren't going to get carried away. It's a fantastic opening day of the season, great three points but that's what it is. It's three points," said Miller.

CAM TUCKER/METRO

Horoscopes

♈ Aries
March 21 - April 20
The planets are encouraging you to break out of a rut and live closer to the edge for a while. Security is all well but an Aries needs excitement too, so do something out of the ordinary this week.

♉ Taurus
April 21 - May 21
Speak your mind today. If certain people don't like it that's just too bad — in fact it's a good sign. Jupiter in the communications area of your chart indicates your words will have the desired effect.

♊ Gemini
May 22 - June 21
Challenges keep coming, and you keep dealing with them in your own way. There are few things that faze you and what life chooses to throw at you over the next seven days, you will handle it with ease.

♋ Cancer
June 22 - July 23
You will be at your best this week. Jupiter in your sign makes all things possible and, more importantly, makes you believe all things are possible. If you possess self-belief, there is nothing you can't accomplish.

♌ Leo
July 24 - Aug. 23
Try not to commit yourself to anything that can't be changed at a moment's notice. The planets are unsettled, so be prepared to drop what you are working on and start something new and exciting.

♍ Virgo
Aug. 24 - Sept. 23
No matter what problems you face over the next few days, you'll be able to deal with them. Get them out of the way quicker by asking for help.

♎ Libra
Sept. 24 - Oct. 23
You will make an impression over the next seven days but will it be of the right sort? That depends on how well you get along with the people you work with and for. Be confident but not arrogant.

♏ Scorpio
Oct. 24 - Nov. 22
You won't have to work hard to get what you want this week. With both Sun and Jupiter on your side, others will happily provide you with whatever it is that is good for you.

♐ Sagittarius
Nov. 23 - Dec. 21
Doors that have been closed to you in the past will start to open over the next few days but for some reason you may decide not to walk through. Even if you cannot explain your reluctance, listen to what your inner voice tells you.

♑ Capricorn
Dec. 22 - Jan. 20
Don't get carried away with your success. The current cosmic picture makes most things possible for you but that does not mean you should try to do everything.

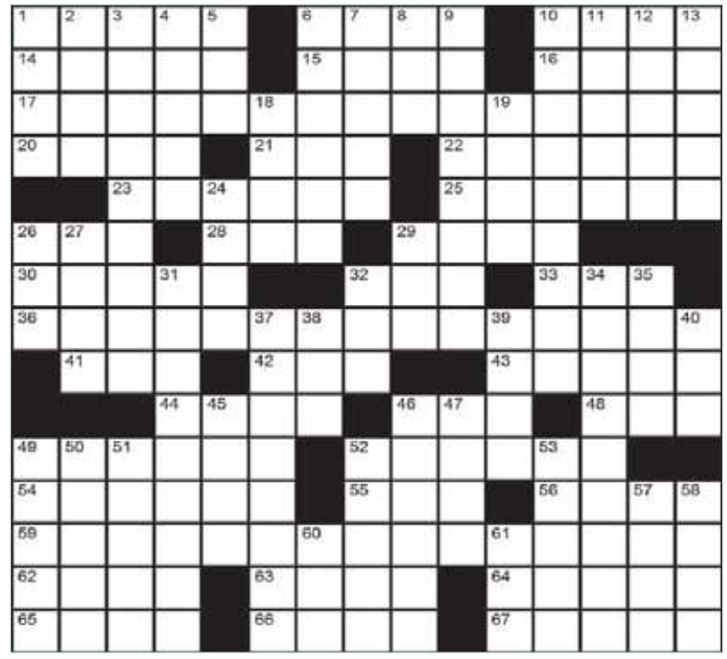
♒ Aquarius
Jan. 21 - Feb. 19
You may have to force yourself to be enthusiastic about what has to be done today but it will be worth the effort. By midweek, everyone will be patting you on the back.

♓ Pisces
Feb. 20 - March 20
Is what you are doing with your life what you want to be doing? If not, think about what changes you can make to bring your reality in line with your dreams. Jupiter makes all things possible. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



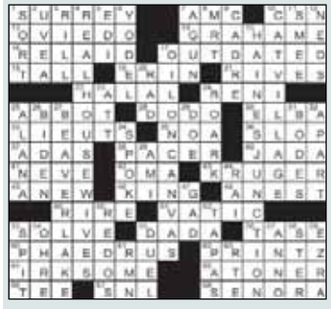
Across

1. Kootenays village in British Columbia
6. Phone
10. Li'l Abner cartoonist Al
14. Consuming-food person
15. Amazon Rainforest berry
16. Ancient concert sites
17. Neurologist who, in 1992, became the first Canadian female astronaut in space: 3 wds.
20. Traverse
21. Baseball stat.
22. Tempt
23. Manitoba town north of Winnipeg
25. Poured
26. Scottish "Gee!"
28. Eggs-layer
29. Ms. Arden
30. Body
32. Tone-__ (Rap star)
33. Martian's maneuver-ee, minutely
36. Colgate containers: 2 wds.
41. Caustic solution
42. Free
43. "Oh My Darling, Clementine" part: "... excavating for _ ___..."
44. "__ Dead II" (1987)
46. Ad __ committee
48. ISP, e.g.
49. __ and onions (Frying pan partners)
52. Reality star Heidi
54. Highest orbital point
55. Mineral kind
56. Carrie Fisher's Princess
59. Great song by Canadian folk duo Ian & Sylvia: 3 wds.
62. Escape
63. Swiss river, variantly
64. Mr. Bruckner of classical music
65. Electronics company
66. Grandpa's portrayer on "The Waltons", Will __
67. Painting surface

Down

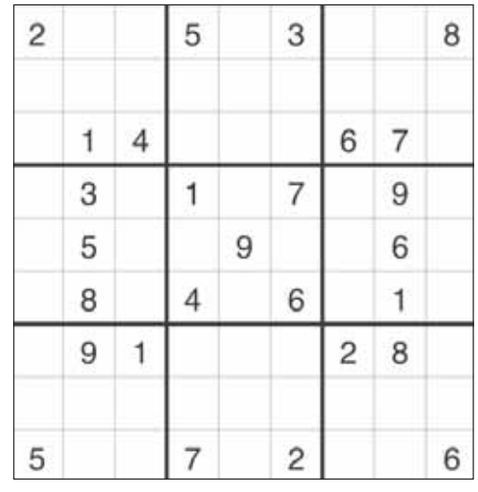
1. Shoe brand since 1916
2. 50+ org. in The States
3. Ontario municipality near London, __-Caradoc
4. Sierra's partner
5. Sphere
6. __-14 dating
7. Singin', Dancin' and what else?
8. One of the Teletubbies, when doubled
9. 'Mr. Showmanship' played by Michael Douglas
10. Canadian Sci-Fi show on Showcase
11. Contribute to the mix: 2 wds.
12. Tranquility
13. Did apple prep work
18. __ Stanley Gardner (Detective novelist)
19. __ upswing: 2 wds.
24. "I'm in trouble now!": 2 wds.
26. Senators, on scoreboards
27. Hip
29. Scribble
31. Metallic hue: 2 wds.
32. Psychedelic drug
34. "Open up! This is the..." sayers on TV: 2 wds.
35. Vintner's prefix
37. Store's info-for-purchasers item: 2 wds.
38. Feel awful
39. Diplomacy
40. Salt, in Paris
45. Contends
46. Little Jack __
47. Blood type, _ __.
49. Big fishing hooks
50. __ Anton Ohno
51. Cathedral city in northern France
52. MTM's second 'M'
53. Skirt style
57. Marriage ceremony exchanges: 2 wds.
58. "It should come __ __ surprise..."
60. "Norma __" (1979)
61. Dog's tail movement

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Friday's Sudoku

7	9	3	6	4	1	2	8	5
4	2	8	5	9	3	7	6	1
6	5	1	2	8	7	9	3	4
8	6	7	4	2	9	5	1	3
5	3	9	1	6	8	4	2	7
2	1	4	3	7	5	6	9	8
9	8	2	7	3	4	1	5	6
1	7	6	8	5	2	3	4	9
3	4	5	9	1	6	8	7	2

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Tuesday 9°/4° Variable
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